

# CLEANSING ESSENTIALS



## A Systematic Program of Detoxification

*We are all “walking toxic dumps,” according to distinguished medical researcher Kenneth Bock, M.D. Why? Because of the industrial wastes, herbicides, pesticides, additives and heavy metals we unwittingly absorb from our food, cosmetics, air, water and even mercury tooth fillings. Moreover, our place at the top of the food chain means that we are subjected to concentrated doses of potentially harmful chemicals when we consume meat and dairy products.*

Young Living offers a variety of products to assist in maintaining internal health:

### **ComforTone – Cleanse the Colon**

An all-natural, herb-based laxative containing antiseptic essential oils designed for colon cleansing and maintaining normal peristalsis (wave-like contractions that move food through the intestines).

### **I.C.P. – Cleanse the Intestines and Protect the Heart**

A fiber powder containing a rich assortment of toxin absorbing, intestine-scrubbing fibers including psyllium to help protect against heart disease. I.C.P. helps the body loosen and expel undigested and fermenting materials that can block nutrient absorption and poison our internal environment.

### **Detozyme – Promote Digestion With this Advanced Multi-Enzyme Complex**

Contains a high-powered array of digestive enzymes to promote complete digestion.

### **JuvaTone – Cleanse and Renew the Liver**

Contains the “lipotropic agents” choline and inositol and the powerful antioxidant dl-methionine, researched for liver cleansing and support.

### **Juva Flex – An Ideal Companion to JuvaTone**

Essential oil blend containing fennel, rosemary and Roman chamomile essential oils.

### **ParaFree – Parasite Control**

Parasites can contribute to many serious illnesses.

### **Chelex – Managing Heavy Metals**

Heavy metals—lead, mercury, cadmium, etc.—even in tiny amounts, can unleash untold damage. Of even graver concern, they tend to accumulate in the brain, kidney, nerves and fatty tissues.

## at a glance

- Why are you tired, sluggish and prone to illness? Could it be internal pollution—heavy metal contamination, undigested foods, parasites—putting enormous stress on your organs and tissues?
- According to a large 1990 survey by the Environmental Protection Agency, every person tested showed some evidence of petrochemical pollution in his or her body tissues.
- The EPA estimates that over a billion pounds of lead are dumped into the atmosphere each year, along with 600,000 tons of pesticides and herbicides.
- Natural health pioneer Bernard Jensen, Ph.D., stated that the average person over age 40 has between 5-25 pounds of build-up in his or her colon, and that parasites thrive in this residue of fecal matter, slowly but surely toxifying the entire body.
- Leading parasite specialist Dr. Ross Anderson said that the single most misdiagnosed health challenge is parasites. He based this statement on his 20-plus years of experience with more than 20,000 patients.

CLEANSE



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